

# Together @ Lent

It is traditional to give something up for Lent. This year why not take something up instead with our Together at Lent challenge. Take on one of these challenges for each of the 40 days of Lent (take a day off each Sunday!) and commit to spending time together as a family with God.

You can complete them in any order and cross them off as you go.

- Read a favourite Bible story.
- Look through family photos together. Thank God for the happy memories.
- Encourage one another with kind words.
- Phone a family friend and remind them they are loved!
- Pray for your friends.
- Play a board game together.
- Write a letter of encouragement to somebody in your church.
- Be still before God.
- Pray for your teachers.
- Plant some seeds together.
- Spend some time waiting and listening to God together.
- Pray for another country.
- Wash one another's feet
- Build a den together and hang out with God.
- Dance to a favourite worship song.
- Use toys to act out a story from the Bible.
- Sing a favourite worship song together.
- Pray for your neighbours.
- Give a gift to bless somebody.
- Have a Bible race - who can find John 3:16 the fastest?
- Draw a picture of a perfect world.
- Pray for keyworkers.
- Play hide and seek together.
- Go for a walk in God's wonderful creation.
- Draw a picture of Jesus.
- Act out a story from the Bible together.
- Memorise a Bible verse together.
- Pray for the government and those in power.
- Put an encouraging message for others in your window.
- Encourage one another with words of truth.
- Donate to and pray for your local food bank.
- Make a joyful noise to the Lord!
- Share your hopes and dreams for 2021.
- Pray for your church leaders.
- Pray with another family via video call.
- Give to and pray for the work of a charity.
- Read a Psalm.
- Write a letter of encouragement to someone who blesses you.
- Pray for one another.
- Write a song together.